



## Cockerton Outdoor Activity Club - The past year

The past year has been quieter one for CoAC. We had still put on activities for everyone on the menu including Canoeing, Archery and Walking.



The weather took its toll on what was offered, what with pretty much constant rain for most of the year! This had meant that we had to change the highlight of our year, the Ellerton Weekend, to one day at short notice, to then have to cancel the event owing to no parking at the venue or access to the container! There were two exceptions, a Canoe expedition to Scotland in March (Paul H's and Adrian's first time to lead such an event) and a fantastic warm week in Wales in August where some of the instructors joined forces with In2venture at Llyn Gywnant in North Wales.

Paul R is still working predominately with a local school with their BTEC Outdoor Education course, whilst Adrian has started team building sessions with 'A' Level students at a local college, using the new Team Development Kit, made by a Church member, to make this provision look more professional.



Adrian even supported the Northern Open Water Swimmers with a 24 hour open water swimmathon at Ellerton.

We are involved in delivering activities to groups like the Brownies, Girls' and Boys' Brigades in the locality. If you would like us to come to you please contact us.

We are also working more closely with Mal at In2venture, to promote activities, which include Caving / Mining and Mountain Walks.



We hope that next year we will have better weather to enable us to broaden our horizons to include a lads 'n' dads short walk with overnight camp and maybe pool sessions with kayaks.

To make sure you are kept up to date with information please visit our facebook site [www.facebook.com/coacin2venture](https://www.facebook.com/coacin2venture) by using the QR Code below.

